



Better Way

FOUNDATION

Tanzania Home Economics Association Interim Report

Due Date: 10/14/2016

INTRODUCTION

This packet is a template for you to use in reporting your result on the grant from Better Way Foundation. To simplify the task, we have provided a format for reporting on each objective, and shaded boxes for your responses throughout.

We recognize that things often do not go according to plan. Moreover, adapting to new circumstances can strengthen projects and demonstrate grantees' willingness to grow. Therefore, we hope you will be candid in reporting how your project is proceeding to date, and any unexpected challenges or opportunities you may be facing. Your observations and suggestions also are welcome. Please contact us if you have any questions

GRANTEE CONTACT INFORMATION

Tanzania Home Economics Association Address: Nyegezi - Masunu Street PO Box 11242 Mwanza, TN +255 Tanzania Phone: Tel: 255-282-502555 Fax: 255-282-502555 EIN Number: Website:	
Organization Contact Asia Kapande Tel: +255 282 551555 Fax: 255-282-502555 kapandearia@yahoo.com Title: Regional Coordinator	Grant Contact Asia Kapande Tel: +255 282 551555 Fax: 255-282-502555 kapandearia@yahoo.com Title: Regional Coordinator

GRANT INFORMATION

Request ID #: 4978 Grant Amount: \$300,000.00 Grant year: 2015 Project Start - End dates: 1/1/2016 - 12/31/2018 Project Title: Integrated Early Childhood Development Initiative (IECDI) Grant Purpose: To improve early childhood development (ECD) services and primary caregiver practices in Bugogwa, Shibula, Kayenze, and Sangabuye Wards in Ilemela district resulting in better nutrition, stimulation, care, and protection for young children aged 0 - 6 years.
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Record Update – Please provide below any edits to the contact information above, including contact for this report if different from the Grant contact above.

PROJECT RESULTS AND NARRATIVE

Reporting Period (Please provide) Start Date: 1st January 2016 End Date: 31st December 2016

Please report on the strategic objectives and progress of the activities submitted with your original application (copied below). Recall that, taken together, your strategic objectives should include measurable outcomes for children/ families; for partnership strengthening and sustainability; and, where possible, for system development. **Be sure to address all the proposed activities and any new objectives that you may have added based on your experience. Provide numerical values for each measurable outcome.**

Objective #1
Teachers/ Para professional’s practices improved to support care and education to children attending preschools/child care centers in Bugogwa, Sangabuye, Kayenze and Shibula Wards in Ilemela district.
Time Frame Including start and end dates
1 st January, 2016 to 31 st , December, 2018.
Activities:
<p>Early Learning:</p> <ul style="list-style-type: none"> • Conduct Training Needs Assessment to 56 Teachers/ Para professionals to identify their practice gaps. • Train teachers/ Para professionals on early stimulation (importance of talking to the baby so that they promote the knowledge to parents during meetings) and knowledge and skills to facilitate learning to children with 3 – 6 years to enable smooth transition to primary school. • Conduct training on development and replication of teaching and learning materials using local materials to 56 Teachers/ paraprofessionals/ Caregivers (emphasize learning through play and the use of refuse in developing low cost learning and teaching materials/ aids) • Establish child friendly mini-libraries in 22 preschool/ child care centers • Stock the mini library with appropriate reading materials to promote print awareness, print motivation to young children (age appropriate including locally developed stories from the community member’s especially involving elders and parents). • Follow up performance of the 56 trained Teachers/ Para professionals and children (use the TPAIDS developed Assessment tool). • Document Children and Teachers/ Para professionals’ performance in preschools and child care centers 2 times a year and disseminate to stakeholders for further community actions. • Strengthen governance of Preschool/ child care centers on center management and administration, resource mobilization and overall center development. • Train 150 committee members to management and administering quality at the centers (use developed training package for ECD Center committees).

- Training of 150 management committee members on Law of the Child & Minimum standards for ECD Programs in Tanzania (use the developed training package on LoC & Minimum standards).
- Peer-to peer exchange visits of 56 Teachers/ Para professionals within wards - (top 10% supporting bottom 10%)
- Equip the 8 new established Preschools/ Child care centers with relevant materials to facilitate care and learning (this includes 2 which will start operating early next year).

Outputs	Outcomes and Indicators
1.1 44 Teachers/ Para professionals in the 4 targeted wards were assessed on classroom practices to identify their practice gaps.	1.0 Increased number of Teachers/ Paraprofessionals who perform well in child stimulation and early learning practices with young children.
1.2 44 Teachers/ Para professionals trained on early stimulation and early learning approaches in the 4 targeted Wards.	Indicators: <i>Planned</i> 1. a 80% of Teachers/ Para professionals use positive approaches towards child stimulation and early learning practices.
1.3 44 Teachers/ Para professionals trained on locally developed learning and teaching materials for children in preschools/ care centers in the 4 targeted wards.	<i>Achieved</i> 55% of Teachers/ Para professionals use positive approaches towards child stimulation and early learning practices.
1.4 22 Child friendly min- libraries were established in preschool/ child care centers in the 4 Wards.	<i>Planned</i> 1.b 80% of Teachers/ Para professionals use locally developed learning and teaching materials in Preschool/ Child Care Centers in 4 targeted Wards.
1.5 22 child friendly mini- libraries were stocked with appropriate reading materials to promote print awareness, print motivation to young children (age appropriate including locally developed stories from the community members especially involving elders and parents).	<i>Achieved</i> 60% of Teachers/ Para professionals use locally developed learning and teaching materials in Preschool/ Child Care Centers in 4 targeted Wards.
1.6 44 trained Teachers/ Para professionals were followed up (assessed) on their performance in classroom practices using the TPAIDS developed Assessment tool.	<i>Planned</i> 1. c 75% of preschool/ child care centers perform well in pre literacy and pre numeracy skills in the 4 targeted Wards.
1.7 Children and Teachers/ Para professionals' performance in	<i>Achieved</i> 57% of preschool/ child care centers perform well in pre literacy and pre numeracy skills in the 4 targeted Wards.

preschools and child care centers were documented waiting to disseminate to stakeholders for further community actions.	<p><i>Planned</i> 1. d 70% of preschools/ child care centers have mini libraries for children use in the 4 targeted wards.</p>
1.8 137 ECD centre management committee members were trained on management and administering quality in the centers using developed training package for ECD Center committees.	<p><i>Achieved</i> 63% of preschools/ child care centers have mini libraries for children use in the 4 targeted wards.</p>
1.9 137 management committee members were trained on Law of the Child & Minimum standards for ECD Programs in Tanzania using the developed training package on LoC & Minimum standards.	<p><i>Planned</i> 1.e 60% of the ECD centre management committees have good knowledge and skills on centre management including resources mobilization.</p>
1.10 10 Teachers/ Para professionals conducted Peer-to peer exchange visits within the 4 wards by top 10% higher performers supporting bottom 10% lower performers.	<p><i>Achieved</i> 50% of the ECD centre management committees have good knowledge and skills on centre management including resources mobilization.</p>

Objective #2

Objective

Parents and Caregivers empowered to improve practices in relation to nutrition, stimulation, care and protection of children in Bugogwa, Sangabuye, Kayenze and Shibula Wards in Ilemela district.

Time Frame

Including start and end dates

1st January, 2016 to 31st, December, 2018.

Activities:

Health & Nutrition:

- Conduct list of stock for indigenous and other available food stuffs commonly used in the 4 targeted wards for training on Infant and Young Child Feeding practices (the list on indigenous and availability of food stuffs enables Trainer to tailor the training focusing on what the communities have in stock).
- Conduct an identification of children below 59 months from households and register them in the record books with key information of the children in the 4 targeted Wards for easy follow - ups.
- Take records of the existing Women groups and register them in record books in the 4 targeted wards (use community volunteers to collect the list for easy linkage to

training sessions and access to micro finance services.).

- Conduct refresher training to selected women coordinators in nutrition (IYCF including exclusive breast feeding), food preparation and preservation and talk to your baby)
- Train Women Coordinators on the 7 Essential Nutrition Actions (the essential nutrition actions are key to always remind women on actions they need to take so as to maintain good health among themselves and children, these include, optimal nutrition for pregnant women, adequate intake of iron and folic acid to control anemia for women and children, adequate intake of iodine for family members, exclusive breast feeding for the first six months, optimal complementary feeding after the 6 months exclusive breast feeding, optimal nutritional care of sick and severely malnourished children, and prevention of Vitamin A deficiency in women and children.
- Conduct demonstrations on food preparation and preservation every one month for women (also forum for women to share experiences)
- Train women Coordinators on child rights and protection (refer to the existing Law of the child and the formed community bylaws)

Outputs	Outcomes and Indicators
2.1 2420 Children, 1189 boys and 1231 girls aged below 59 months (under 5 years) were identified in the 4 targeted Wards.	<p>2.0 Improved knowledge and skills among mothers and caregivers who practice positive skills in nutrition, stimulation, care and protection for children aged below 59 months.</p> <p>Indicators: <i>Planned</i> 2. a # of children with 24 Months who were put on breast feeding within 1 hour after birth in the 4 targeted Wards.</p> <p><i>Achieved</i> 760 children 359 boys and 401 girls with 24 Months were identified in households in the 4 targeted wards.</p> <p><i>Planned</i> % of mothers of children 0-23 months who have received counseling, support or messages on optimal breastfeeding at least once in the last year in 4 targeted wards</p> <p><i>Achieved</i> 10% (600) mothers with children 6-23 months who have received counseling, and support for continued breastfeeding 6-24 months and beyond and on optimal complementary feeding in the last year in</p>
2.2 18 Selected women Coordinators were trained as Trainers in nutrition (IYCF, Food preparation and preservation), 7 Essential Nutrition Actions and child rights and protection in 4 targeted Wards.	
2.3 Conducted list of stock for indigenous and other available food stuffs commonly used in the 4 targeted wards for training on Infant and Young Child Feeding practices. The results show that Maize, cassava, fish, sardine and beans are the 5 leading food stuffs eaten almost daily in the 4 wards.	
2.4 30 Women groups have been identified and registered them in record books in the 4 targeted wards	
2.5 18 Community volunteers 12 Male and 6 Female were selected in community meetings by the community members in the 4 target wards.	
2.6 The 18 Community volunteers were trained on ECD promotion and	

<p>implementation at family and community level.</p> <p>2.7 The 18 Community Volunteers were provided with working tools to support their work (data collection form, bag, umbrella, rain boots, T-shirts, caps, counter book, IEC/BCC materials)</p> <p>2.8 The 18 Community Volunteers are being paid Monthly transport and meal allowance to since January 2016 during report submission.</p> <p>2.9 Conducted demonstrations on food preparation and preservation to women coordinators once, also used this as forum to share their experiences.</p>	<p>Bugogwa and Shibula wards. (Pilot Bugogwa and Shibula)</p> <p><i>Planned</i></p> <p># of children aged 3 – 5 years of age who have proportional weight for height in targeted preschools/ child care centers in the last year in 4 targeted wards</p> <p><i>Achieved</i></p> <p>1486 children aged 3 – 5 years of age have proportional weight for height in targeted preschools/ child care centers in the last year in 2 wards. (Pilot Bugogwa and Shibula)</p> <p><i>Planned</i></p> <p>% of mothers including family members who talk to babies from conception to 9 months in the last year in 4 targeted Wards</p> <p><i>Achieved</i></p> <p>750 mothers including family members talk to babies from conception to 9 months in the last year in 2 Wards (Pilot Bugogwa and Shibula)</p>
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Objective #3

Objective

Communities educated to improve practice in relation to nutrition, stimulation, care and protection for young children including those with disabilities Bugogwa, Sangabuye, Kayenze and Shibula Wards in Ilemela district.

Time Frame

Including start and end dates

1st January, 2016 to 31st, December, 2018.

Activities:

Community Engagement:

- Community sensitization to establish 6 Pre-Schools/ Child care Centers in the 4 targeted wards.
- Facilitate the communities to choose 7 parent representatives for 6 Child Care Centers establishment and operation.
- Conduct resource mobilization for 6 Community Based child care Centers in 4 targeted Wards.
- Facilitate the Communities to identify 12 Volunteers for Child care centers as Caregivers/ Para professionals in 4 targeted wards.
- Enroll children in Child Care Centers; make reference to the existing ECD Volunteer records on identified children.
- Train Ward MVC Committee members on child protection issues at community level in the 4 targeted Wards. (the 2 TAHEA Staff trained by Center for Child Rights in Arusha to conduct the training to the existing MVC Committee members because they exist all over the country)
- Revisit the Child Protection systems within the ward and the communities in 4 targeted wards to identify gaps (involve the Front line officials from the district social welfare department).
- Monitor the function of the Ward Child Protection Policy and the community child protection systems in 4 targeted wards (this activity should be done by TAHEA Staff during their day today monitoring as well as by the district officials during participatory monitoring to enable further actions on identified child abuse cases.
- Document child abuse cases, referrals and action taken in protecting young children in 4 targeted wards and share them during quarterly meetings.
- Share Child Protection activities and findings quarterly at Ward Development Committee Meetings in 4 targeted wards.

Outputs	Outcomes and Indicators
<p>3.1 Three (3) New child care centers for age 3 – 4 years old children established in Kayenze, Shibula and Bugogwa wards.</p> <p>3.2 Three (3) preschool/ child care centers management committees formed and trained on governance, Law of the Child and Minimum Standards for ECD centre.</p> <p>3.3 Six (6) ECD teachers/Para professionals were identified to support the 3 new established child care centers in the 4 targeted wards.</p> <p>3.4 MVC committees in 18 communities were trained on child rights, child protection and law of the child in the 4 targeted wards.</p> <p>3.5 Two (2) Child protection systems were established in Bugogwa and Shibula wards.</p> <p>3.6 Four (4) Community sensitization meetings to establish Child care Centers were conducted in 3 communities in the 4 targeted wards.</p>	<p>3.0 Increased community participation and engagement on ECD services provision in the 4 targeted wards.</p> <p>Indicators:</p> <p><i>Planned</i> 3. a 6 new Pre schools/ child care centers established in the 4 targeted Wards.</p> <p><i>Achieved</i> 3 new child care centers established in the 4 targeted Wards.</p> <p><i>Planned</i> 3.b # of child abuse cases, identified, reported and referrals made for further actions in the 4 targeted wards</p> <p><i>Achieved</i> 5 child abuse cases, identified, reported and referrals made for further actions in the 4 targeted wards.</p> <p><i>Planned</i></p>

<p>3.7 Resource mobilization meetings and campaigns to establish Community Based child care Centers were conducted in 3 communities in 4 targeted Wards.</p> <p>3.8 266 Children 121boys and 145 girls were enrolled in 3 new established ECD centers in the target wards.</p> <p>3.9 Conducted Monitoring of the function of the community child protection systems in 4 targeted wards through the day to day activities, the systems seem to be working.</p> <p>3.10 Documented 5 child abuse cases, 3 referrals and action taken in protecting young children in 4 targeted wards and shared them during quarterly meetings.</p> <p>3.11 Child Protection activities and findings were shared quarterly at Ward Development Committee Meetings in 4 targeted wards.</p>	<p>3. c # and type of ECD services available to children in the 4 targeted wards.</p> <p><i>Achieved</i> Nutrition, Health, Early stimulation/learning and protection services have been introduced in the 4 targeted wards.</p> <p><i>Planned</i> 3. d # of community members reached through messages on child rights and child protection, nutrition, health, early stimulation and early learning in the 4 targeted communities.</p> <p><i>Achieved</i> 1800 community members reached through messages on child rights and child protection, nutrition, health, early stimulation and early learning in the 4 targeted communities.</p> <p><i>Achieved</i> 3.e 50% of the established community child protection systems are working properly.</p>
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Objective #4

Objective

Support Local Government to improve practice in relation to nutrition, stimulation early learning, health care and protection services for young children Bugogwa, Sangabuye, Kayenze and Shibula Wards in Ilemela district.

Time Frame

Including start and end dates

1st January, 2016 to 31st, December, 2018.

Activities:

Local Government Engagement:

- Conduct IYCF training to 20 ANC staff on Infant and Young Children Feeding and the 7 Nutrition Actions in 4 targeted Wards.

- Promote school feeding program in preschool/ child care centers during monitoring and evaluation visits in 4 targeted Wards.
- Follow up on performance of trained ANC Staff on IYCF, 7 Nutrition Actions and sessions at the ANC in 4 targeted Wards.
- Document IYCF family practices for review during quarterly Ward Meetings in 4 targeted Wards (use the tool developed by Tanzania Nutrition Center).
- Identify gaps in the IECD service delivery in Bugogwa, Shibula, Sangabuye, and Kayenze Wards and develop a Ward Action Plan towards improving the missing services.
- Evaluate IECD activities in Bugogwa, Shibula, Sangabuye and Kayenze Wards and disseminate information for review.
- Hold IECD Stakeholders review and re- planning meetings in 4 targeted Wards (Ward, community, district levels).
- Disseminate the Programme progress to stakeholders at ward and district levels.

Outputs	Outcomes and Indicators
4.1 20 Ante Natal Clinic staffs were trained on Nutrition and Care knowledge and skills in 4 targeted wards.	<p>4.0 Improved Local government practices in relation to early stimulation and learning, nutrition, health care, and child protection services in 4 targeted Wards in Ilemela districts.</p> <p>Indicators:</p> <p><i>Planned</i> 4. a #, type and quality of ECD services which are adequately provided to young children below 59 Months of age in the 4 targeted Wards.</p> <p><i>Achieved</i> Nutrition, Health, Early stimulation/learning and protection services have been introduced in the 4 targeted wards.</p> <p><i>Planned</i> 4. b 80% of Frontline Officials participate in the IECDI program activities in the 4 targeted Wards.</p> <p><i>Achieved</i> 4. b 40% of Frontline Officials participate in the IECDI program activities in the 4 targeted Wards.</p> <p><i>Planned</i> 4. c # of children reached by the IECDI program in the 4 targeted Wards.</p>
4.2 Conducted training to 20 ANC staff on Infant and Young Children Feeding (IYCF) and the 7 Nutrition Actions from 4 targeted Wards.	
4.3 30 Frontline officials are trained on ECD practices in relation to nutrition, health, early learning and early stimulation, and child protection in the 4 targeted Wards.	
4.4 30 Frontline officials are trained on ECD Planning and Intervention at ward and district level in the 4 targeted Wards.	
4.5 Followed up the performance of trained ANC Staff on IYCF, 7 Nutrition Actions and sessions at the ANC in 4 targeted Wards.	
4.6 Promoted school feeding program in preschool/ child care centers during monitoring and evaluation visits in 4 targeted Wards. 10 out of 22 ECD centers have feeding program.	

<p>4.7 5 IECD Stakeholders review and re-planning meetings were held in 4 targeted Wards at community and ward levels.</p>	<p><i>Achieved</i> 4. c 4484 children, 2224 boys and 2260 girls have been reached by the IECDI program in the 4 targeted Wards.</p>
<p>4.8 Gaps in the IECD service delivery in Bugogwa, Shibula, Sangabuye, and Kayenze Wards were identified during stakeholders meetings and developed Ward Action Plans for 2 wards towards improving the missing services.</p>	

CHALLENGES, LESSONS AND CHANGES

<p>What are the main observations or lessons that you have gained from implementation of this project to date</p>
<ul style="list-style-type: none"> - Teaching and Learning materials are very crucial in the learning of young children. We have seen this in our regular field visits in the ECD centres, where there is adequate supply of materials especially those made from locally available materials the ECD teachers/para professionals enjoy sessions unlike others who seem to be struggling and find teaching young children as more difficult. This is further demonstrated using the learning corners. - The training of ECD teachers/Para professionals has more positive results if they are engaged into more practical sessions at an ECD centre than theoretical sessions especially to the caregivers who are working with younger children age 2 – 4 in community based care centres. During TPAIDS approach the trainings were building from one another, and every after one training teachers were given opportunity to go back and try out the new knowledge, so it was taking time for the para teacher to master the package. Recently we engaged caregivers into a more practical training at Bugogwa child care centre, our model ECD centre. After some few days of practicing with mentoring and coaching the caregivers were able to work with young children on their own. - There are some cultural beliefs which favor child care and development while others undermine. For example when a child reaches 40 days after birth parents especially women used to coach the older children (siblings) on taking care of the younger one especially during bad weather. They tied the younger one on the back of the sibling, being outside; the parents will tell the sibling to run into the house while throwing water on her. This was meant to save the child from rainfall. The other one was done to women on their first births. When the woman has given birth before the child starts breast feeding, young dogs (may be two) are given to suck the breasts for some minutes. The essence of this practice was to make the new mother get used to breast feeding. But it had some disadvantages of denying the child the colostrum which protects the new born from diseases. -
<p>At this point, has your project timeline, expenditures, or plan changed from what was described in your proposal and if so, how?</p>
<ul style="list-style-type: none"> - NIL
<p>Explain any challenges or roadblocks you are facing in achieving your outcomes, and how you plan to address them.</p>
<ul style="list-style-type: none"> - The free education policy by the Tanzanian Government has slowed down and in some places totally changed the parents' initiatives to support the ECD centres claiming that everything will be provided by

the government. Parents used to support ECD centres through monthly cash contributions for feeding program and para teachers allowances. We already started addressing this through the Women managed microfinance groups – with the education fund, though it is not sufficient to cater for all the centres. Also we have been advocating through the Ward Development Committees for them to take initiatives to save the development of young children in their wards. This seems to be working as parents have started contributing again in almost all of the ECD centres in Bugogwa and Shibula wards.

What are you learning about how to forge partnerships?

How will these observations and lessons inform your work as you go forward?

- The teaching and learning materials will be our priority in the ECD centres especially as we work to improve and meet the required Minimum Standards.
- We intend to use the Bugogwa child care centre as the training centre for our caregivers and para teachers. Our aim is to resource it with sufficient teaching and learning resources so that at any time it is ready to offer practical training to the teachers. This will also help to cater for the new community based ECD centres when they appoint new caregivers to use the same and improve their knowledge and skills with little cost.
- We are building on the positive cultural practices towards child care, breastfeeding and others because we believe that the family context is the basis for ECD. Building on the positive ones means we discourage the negative ones by community sensitization through the work of Volunteers. It will also serve as baseline information for us to make reference during project evaluation.

FUTURE

How do you plan to sustain your activities following the grant period?

- Through the systems created in the communities to the District level we are confident that the activities will continue and even scale up after the end of grant period. We are working with Community Volunteers, Women Coordinators, ANC staff, LGAs, Para teachers and Caregivers; all these groups are readily available in the communities and by investing on them you are assured of continued community support in the different IECD thematic areas.

Do you anticipate requesting additional funding from the Better Way Foundation? If yes, please explain.

FINANCIALS

Attach a proposed and actual project income and expenses statement for the grant period. If this is not your first report to the Better Way Foundation on this grant, provide this information only for the period since your previous report.

Does the statement you have attached show any significant variances ($\pm 10\%$) from the proposed to actual income and expenses? If so, explain.

FEEDBACK

What suggestions do you have for Better Way Foundation to consider as it enters another year of funding ECD?

CONTACT AND TRANSMISSION

If you should have any questions while completing this form, please contact:

Mercedes Plendl
Foundation Administrator
mplendl@ghrfoundation.org

We prefer that you return the completed report by email to grants@arborphilanthropy.org. However, if this is not possible, please return to:

Ifedi Obidiegwu
Better Way Foundation
60 South Sixth Street
Minneapolis, MN 55402