

A woman is walking away from the camera on a dirt path. She is carrying a large, dark bowl filled with potatoes on her head. A baby is strapped to her back in a yellow and green patterned cloth. She is wearing a black and white checkered skirt. The background shows a rural landscape with trees and a wooden fence.

**Annual Report
2021**

WALKING TOGETHER WITH THE COMMUNITIES

MANAGING PROGRAMMING IN COVID-19 ENVIRONMENT



Osha mikono kwa maji tiririka, Kaa kwa umbali usiopungua mita moja, Vaa Barakoa, Tumia vitakasa mikono, Epuka kuka kwenye makundi makubwa ya watu, Punguza safari zisizo za lazima, Usafiri tu inapobidi, na Nenda Hospitali mapema

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Her Story Our Story



NEVER BE AFRAID TO GO FOR AN OPPORTUNITY

My Journey as an ECD educator started in 2016 when I had a great opportunity to work as a volunteer at Tanzania Home Economics Association (TAHEA Mwanza), It was my very first time to have responsibilities to work as a volunteer under a well successful Organization, I volunteered for a year in which I was exposed to really work experience which is so different compared to theory knowledge I obtained from college, That's how I joined TAHEA Mwanza, After being a volunteer for a year I had a chance to be employed and worked as a field officer under Early Childhood Development Programs. Back then, I thought I would need to change Organizations every two to five years, in order to develop my career, 6 years later, I am still here!

I feel at ease, I truly feel like I fit in and I am being who I am and a team member at work. I'm surrounded by people with similar interests, and I progress professionally without being deprived of learning opportunities. I feel like I'm finally where I wished to be, when you love what you do it isn't work anymore it's your passion.

Working at TAHEA Mwanza has made me realize that if there's something you're passionate about, don't ignore it, pursue it. You may not be able to switch gears right away, but find ways to play around in the areas that make you happy, and children make me happy, so I focus on what I love most. I never learned how to facilitate young children using learning corners when I was in college, but now I facilitate Caregivers on how learning through play can be made easier with learning corners, children choose where they want be and learning becomes fun. Until now I stay true to what I love to do, and eventually I grow career wise, to date I work as an ECD Program Assistant, I monitor children's developmental milestones at community in childcare centers, assess capacity of child caregivers in supporting play-based learning, I also hold sessions with parents on positive parenting and development of learning and play materials for children at the centers, and I mobilize community members to invest in ECD services.

TAHEA Mwanza provides a wide range of opportunities in ECD career development, I am always finding new challenges which streamline my thinking and technical capacity which in turn, strengthens my career, and it's interesting to be part of an organization that transform communities in a way that children become the focus and interest of us all.

As an ECD trained person, I am provided and receive feedback on my performance which further aid my career development. I have remarkable trust in our front-runners and believe that if you are willing to take the risk, they are ready to hold your hand as you grow. I look forward to more learning and achievements of the organization goals.

Julieth Joseph

ECD Programs Assistant

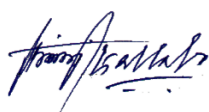
Message from The Board

We are all living through a tough time with the global pandemic, but we all have hopes and equally respond to the needs of our target population many people including our donors opened up for support towards our work amidst the virus challenge where they offered support financially by allowing us to re-allocate funds to address the immediate needs of our communities where we were able to extend our support to their immediate needs including household hand washing facilities, messages for awareness creation on the pandemic, workbooks for children to continue learning at home, developing learning and play materials for use at homes with parents and many others.

While the needs of our target communities continue to be greater due to the pandemic which has limited movement, every day we see the impact of our programs and the impact of our donor's generosity which have led to our annual achievements amidst the pandemic. We have also learned lessons from our work and the pandemic where we are wondering what the pandemic might mean for our work, our families, and our country going forward, we also have to think on how we can help our target communities through the uncertainty and how our programming can help navigate the challenging times in the future.

We see our role is to come with measures on how to mitigate the impacts on families, children, households, farmers, CBOs, and the community at large. Most of the future planned activities will embrace the mitigation aspects, not only for the pandemic but other areas of focus i.e., promoting Health and Nutrition, Responsive Caregiving, Improving Children Early Learning & School Readiness, Supporting Access to Adequate Housing and Land Ownership for Women and Young People, Climate Smart Agriculture promotion, and climate change mitigation in all what we implement.

Lastly but not least, I offer my sincere gratitude to all TAHEA staff who have worked tirelessly apart from the COVI-19 environment, to all our donors, partners, advisors, and our collaborators including our target communities, I thank them for the inspiration they had for joining our efforts in realizing our mission.



Dr. Sospatro S. Ngallaba

Chairman of the Board

TAHEA Mwanza Coordination

Tanzania Home Economics Association (TAHEA Mwanza) in year 2021 was a year of new happenings for our organization with targets for improvement in both organizational development and programming areas.

Having a sound organization which is grounded and committed to the changing world is key in making it operational. We noted that our Constitution was outdated and was not meeting the current needs of the organization, so we mobilized members to participate in the process of the constitution review which was a success and we were able to have in place a new constitution which started to be operationalized in 2020, a process which had an implication to most of our organizational development activities which included policy/ manual reviews, structure review, Board review and others, this happened in all the regional chapters.

TAHEA Mwanza has in place a 5-year strategic plan (2021/ 2026) which commenced in July 2021, unfortunately the new 5-year strategic plan was developed and started operating under the COVID – 19 Challenges for both internal and external sources of funds, fundraising activities have been faced with a number of challenges, one being budget cuts and no funding to most of our planned activities.

Our Mission-driven approach to our work has remained consistent, focusing on Changing lives of the resource poor communities, empowering families and communities in Mwanza, however due to constitutional changes, TAHEA Mwanza has expanded its reach to cover all regions in the lake and western zones of Tanzania, enabling the replication of our successful models and approaches which have been implemented in Mwanza region. We continue to use the expertise of our professional members and staff to facilitate development processes by networking and collaborating with the government and other organizations with similar vision and mission.

TAHEA believes that being professionals gives us the basic skills and knowledge about different disciplines however, in utilization of the acquired knowledge and skills in the field one has to have the ability to open up for challenges as you work and being best at what you do with a room to fit in the changing situations, as development is not static. Our role as Home Economists is to expand our target population's capabilities to fit into the systems or give them skills to enact change that gives them the power to transform without compromising their beliefs and the already existing indigenous knowledge and skills. We believe that **“Everything we do in life is Home Economics”**



Mrs. Asia K. Kapande

The Regional Coordinator – TAHEA Mwanza

TAHEA EXECUTIVE DIRECTOR'S DESK

Coming to an end of the year 2021, TAHEA Mwanza had time to reflect back, assess where we were and make projections for the future, especially now that we have in place a new 5-year strategic plan to guide us. In few words we thought about changing our way of doing things so that we influence systems which we think, can be more contextually relevant, community driven, effective and more sustainable.

TAHEA Mwanza believes that the community is our super power and if this is what we are, then we should strengthen the community change makers/ drivers of change through strong partnerships, strong relationships so that mobilization of communities' impact systems that will ensure the wellbeing of our target communities, that will ensure what they do are contextually relevant and community driven, invest in collaborative processes of prioritization of issues and actions by planning with communities and the local government, while emphasizing the need for different stakeholders to carry out different activities and become responsible for the different actions. We believe if we closely monitor and evaluate, learn and reflect we shall improve the positive actions over time.

Systemic change that we aspire at the current time have to be improved by shifting the relationships and power structures that affect what we want in the social sector, and which can benefit the poor through their direct participation, supportive systems which are open and inclusive.

In order for TAHEA Mwanza to realize the systemic change, the organization will always conduct learning checks and challenges/ barrier assessments to help analyze and interpret situations in our target communities. We understand that change happens in phases and it takes a long time, changing how we do things is a transition to enable us to reach where we desire to be, so changing how we deliver the change will encompass mobilization of stakeholders, capacity building, collaboration and forging partnerships. In addition, we shall make sure that we adhere to rules which govern how other functions operate to help us implement harmoniously.



Mary Kabati

Executive Director

About TAHEA Mwanza – *Changing Lives*

The organization mission: TAHEA mission is to empower families and communities in Mwanza and Tanzania as a whole to transform their lives socially, economically and with Gender Perspective. We do that through education, training, and information sharing and consultancy. In order to achieve this, TAHEA uses the expertise of its professional members to facilitate development processes by networking and collaborating with other organizations with similar vision and mission.

Organization Objectives:

To promote and strengthen home economics, agriculture, education, health and nutrition, housing and habitat, to improve livelihood of communities.

To promote and advocate for the protection of human rights of communities.

To cooperate with various state and non-state actors in fighting against gender discrimination, environmental degradation, corruption and poverty.

To support and establish initiatives for economic and social empowering for women, young people and vulnerable groups.

To cooperate and affiliate with national and international organizations/ agencies which supports objectives/ programs similar to our aims and objectives.

Our Core Programs:

Early Childhood Development

School readiness

Afterschool programs for Literacy and Numeracy improvement (6-8 years)

Youth Programs

Agriculture programs

Habitat (Adequate housing)

Community Health Programs (health, nutrition, WASH, environment)

Capacity Building (organization development & programming to CBOs/ NGOs)

Professional Consultancy Services

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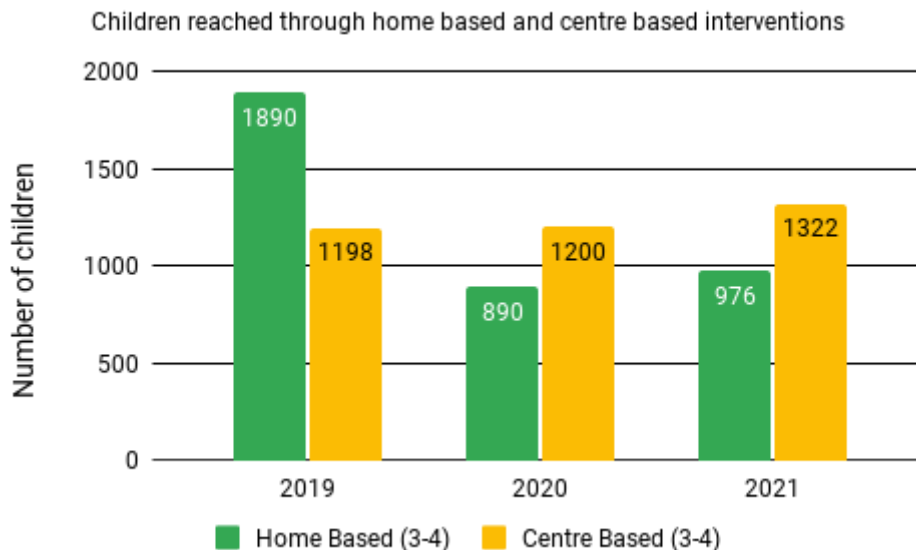
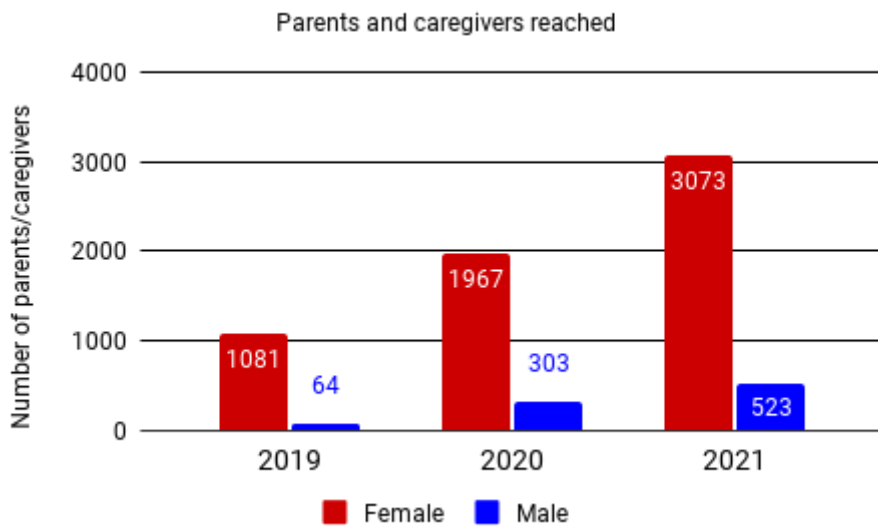
Early Childhood Education, Care and Development

1. Community ECD Services

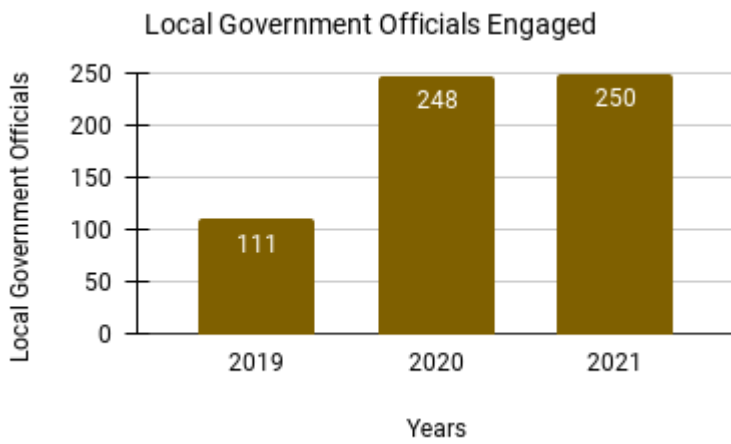
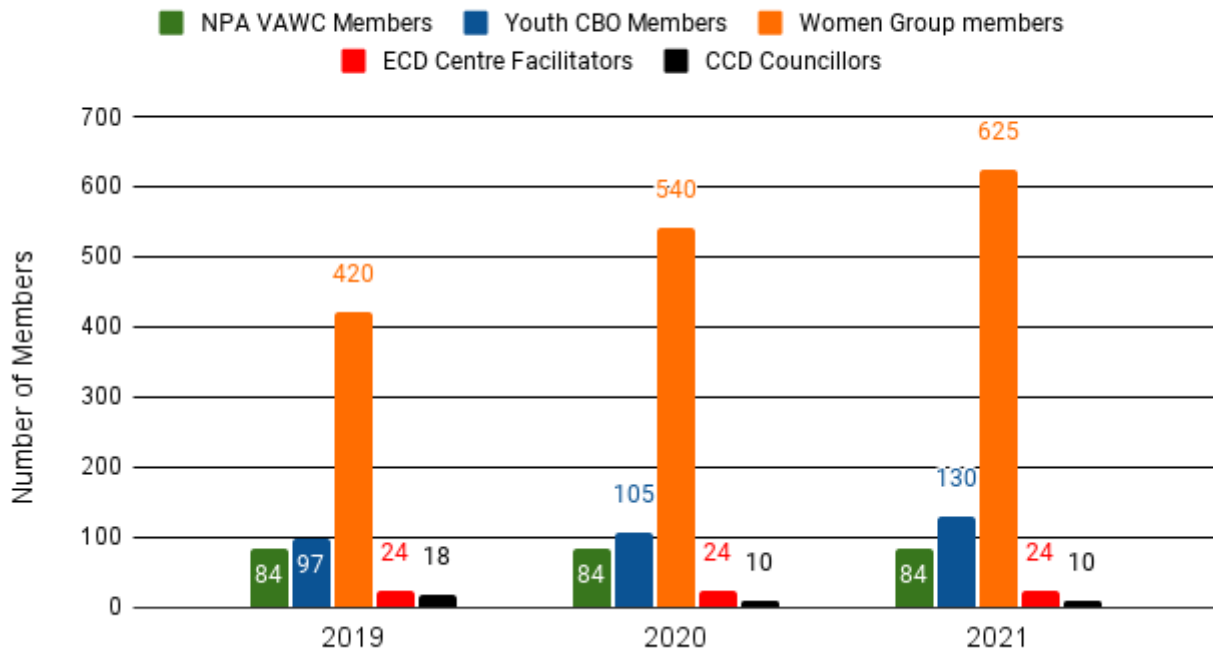
Objectives:

- i. Young children’s age appropriate opportunities in CBOs targeted communities increase through play and early learning supported through families and communities by 2021
- ii. Caregivers and Service providers in CBOs targeted communities improve their skills and knowledge on nurturing care to support young children to grow to their full potential by 2021
- iii. Quality provision of integrated ECD services to young children increase in TAHEA targeted families and communities by 2021
- iv. Right holders and office bearers in CBOs targeted communities increase their ECD services provision accountability to families and communities by 2021
- v. ECD interventions at family and community levels in CBOs targeted communities have updated information systems that track quality and coverage by 2021.

Achievements:



Capacity Building to Community Systems



Parents training on Early Childhood development.



Parents making playing materials for children at ECD centers.



Creative learning using blocks

SCHOOL READINESS PROGRAM



Pre-primary stimulative Classrooms



Early Childhood development intervention



Parent Partnership Intervention



Pre-primary Infrastructure improvement support

Introduction

WatotowetuTunuyetu project is one of the projects being implemented by Tanzania Home Economics Association (TAHEA) Mwanza through Children in Crossfire (CiC) in collaboration with the ministry of education, health and social welfare and the two local governments mentioned above.

The emphasis in 2021 was to consolidate gains from the previous 4 years of operation and expanding proven and effective interventions into additional supportive and inclusive environment for child centered learning by ensuring parents/caregivers have good knowledge, skills, and tools on parenting and ECE

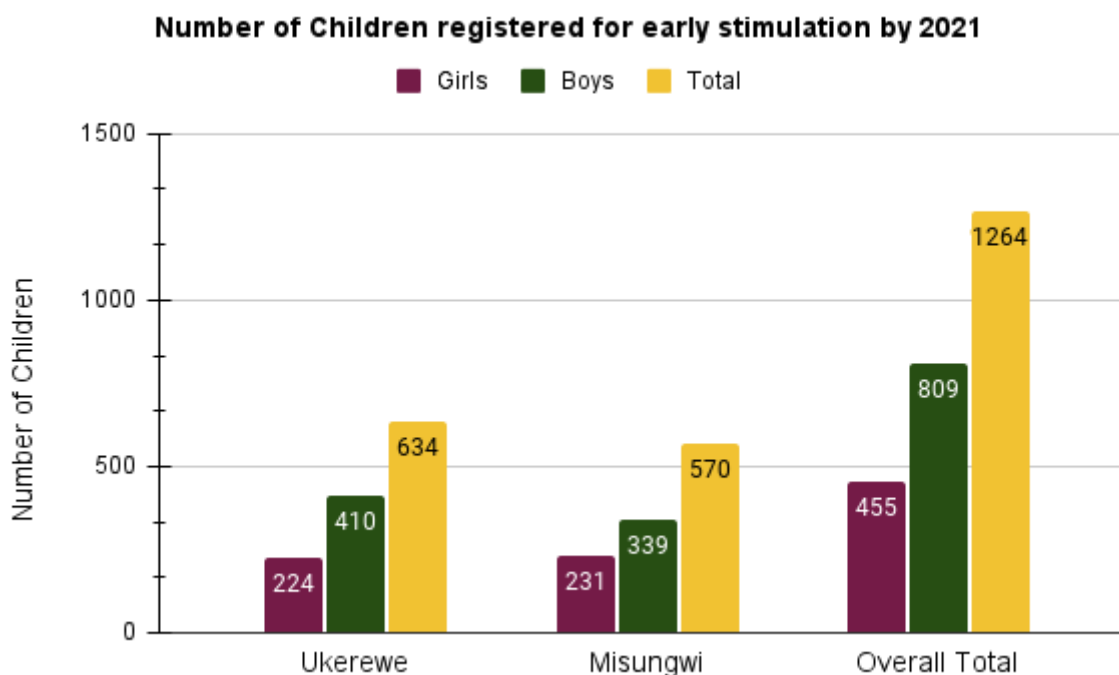
Target and achievements

Young girls and boys receiving quality pre-school (ECD Centers) 3-4 years

One of the project objectives have been to ensure a good number of children aged 3-4 are being registered to access early stimulation in government primary schools in the impacted districts

Annual target: For the year 2021, the project aimed at ensuring all 42 project schools establish a good number of children aged 3-4 years being registered and attend in schools for early stimulation activities.

Annual Results: For the reporting period of 2021, it was observed that a total number of 1264 children (809 boys, 455 girls) were registered in different primary schools in both districts for accessing early stimulation as indicated below:



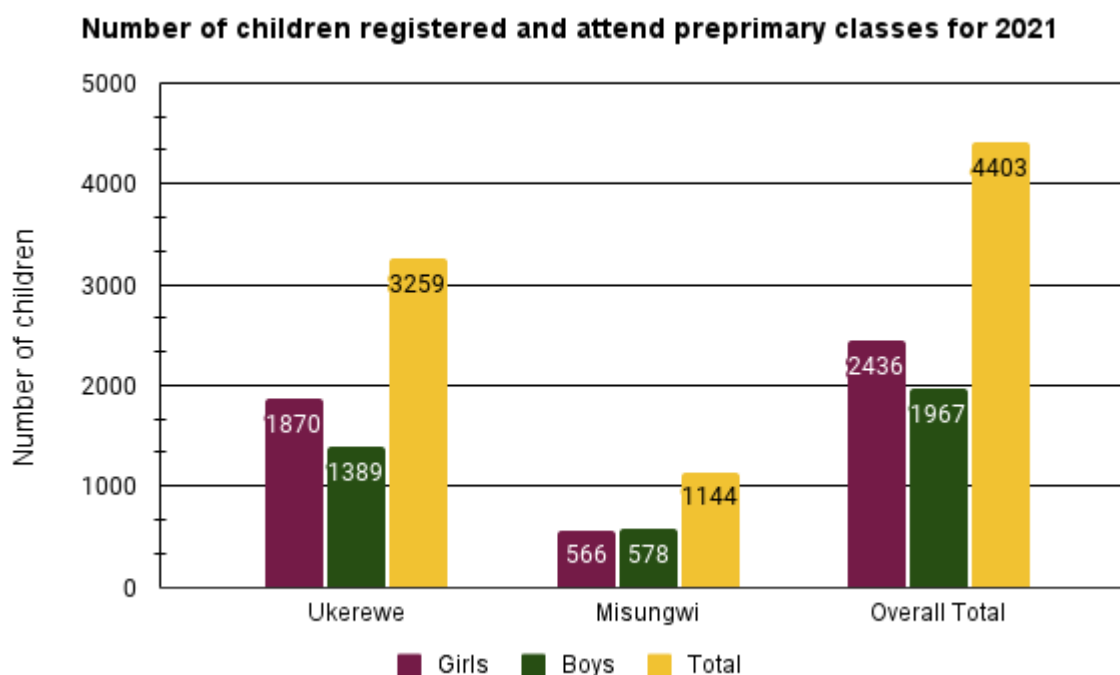
The table indicates that, there has been more registration of boys than girls in the year 2021 from 254 registered children in 2020 to 809 children registered in the year 2021 while registered girls in the year 2021 were 455 compared to 286 children registered in in 2020 (5.6% for boys versus 1.7% of girls respectively). On the other hand, the report informs that the year 2021 observed a total increase of all registered children by 42% from 540 children registered in 2020 to 1264 children registered in 2021.

Young girls and boys receiving at least one year of quality pre-primary education (SDG 4.2) Children Registration

WatotoTunuYetu project aims on supporting government initiatives on improving the accessibility of Young girls and boys receiving at least one year of quality pre-primary education as well as improving the quality of the education system itself.

Annual target: For the year 2021, the project aimed at ensuring at least each school in the program establish a good number of children aged 5 years registered and attend in pre-primary education in the impacted schools.

Annual Results: For the reporting period it was reported that a total number of **4403** children were registered in 42 project primary schools in both districts for accessing pre-primary education as indicated below:



The table indicates that, there has been more registration of female children than male children in the year 2021 from 1951 registered children in 2020 to 2436 children registered in the year 2021 while registered boys in the year 2021 decreased from 1967 compared children to 2047 children registered in 2020 (5% for girls versus 1% decrease for boys respectively). While Ukerewe District reported to have more children registered in pre-primary education program than in Misungwi district. On the other hand, in general, the report informs that the year 2021 observed an increase of registered children by 9% from 3,996 children registered in 2020 to 4403 children registered in 2021.

Infrastructure development support:

Infrastructure improvement support is one of the main components of the project. The project aims at improving children learning especially to schools which have shortage of classrooms where mostly in such scenario, preprimary children are disadvantaged mostly.

Annual Target: In the year 2021, the project aimed at constructing 4 classrooms in Misungwi and 1 classroom in Ukerewe DC.

Annual Result: the project achieved to have all new classes constructed in four different schools in Misungwi and Ukerewe DC respectively.

ADEQUATE HOUSING PROGRAMME

In 2021, TAHEA continued to implement the PAHWaYP, which aim to promote access to adequate housing and land tenure, which is a key component of the cooperative empowerment. A key player in of the TAHEA adequate housing approach is the cooperative and Community managed Microfinance model. The project Promoting Adequate Housing for Women and Young People (PAHWaYP) is the five-years project funded with We effect started during 2018 -2022. The project were designed to strengthen adequate housing in Mwanza Tanzania with special emphasis on cooperative housing model, women and young people through Promote Adequate Housing to Women and Young People.



The project is still on track by 86% of the total expected results by 2021, a total of 3 cooperative housing has been formed and registered with a total of 320 (191 women; 129, men). A total of to 506 saving groups has formed with a total of 16,701 members (6,248 men; 9,772 women).

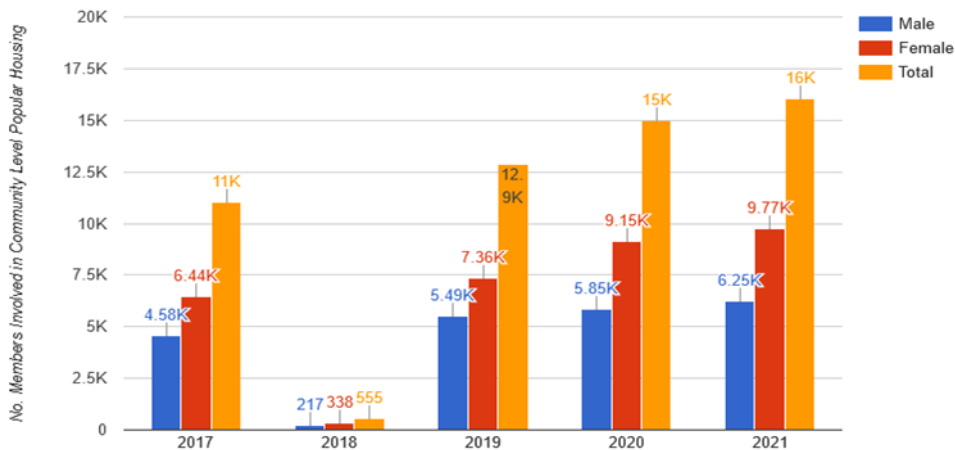
This make 63% of the total members are women and young people out of them 1,862 have acquired housing using incremental housing construction model, which is cheaper for poor communities, therefore TAHEA encourages housing cooperative and savings groups so that families can develop their housing with mutual aid.

The project objective is; “Empowered 1,600 women and 600 young people accessing the right to land and adequate housing leading to improved quality of life in Ilemela and Buchosa Districts by 2022”. The project is implementing in the districts of Ilemela and Buchosa in Mwanza Regional. Because of We Effect support, the 2021 mail stones reached by the project included:

Indicator 1: Number of women and young people with secure tenure documents:

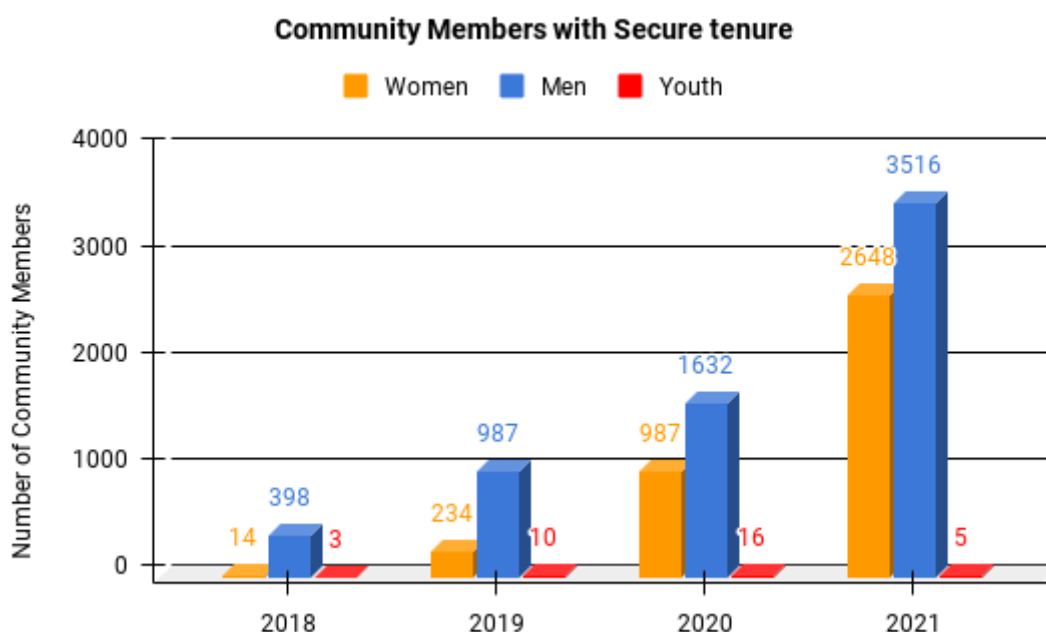
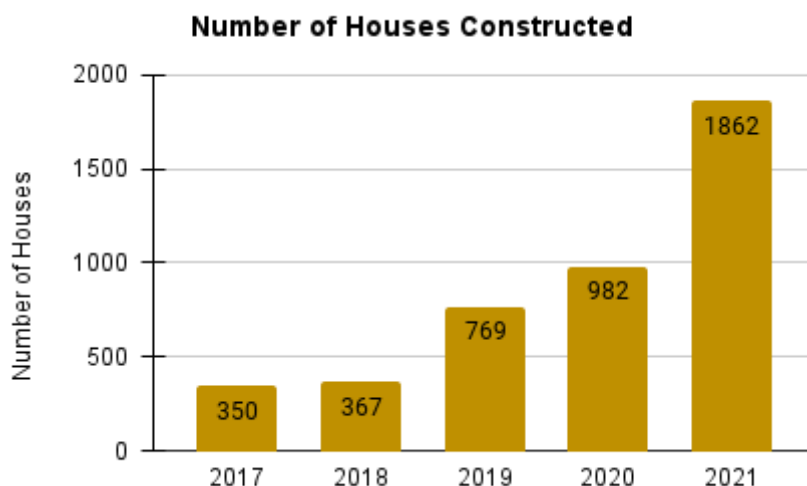
Under this output the indicator were number of women and young people with secure tenure documents and accessibility of secure tenure:

Achievements:



Achievements 2021: the output focused on building the capacity of members and enhanced housing cooperative model through formation of three housing cooperatives with 320 member (191 women; 129 men). To date there an increase of housing constructed of 982 houses in 2020 to 1,862 houses in 2021. This is equal to 85% of the five-year targeted of the project direct beneficiaries of 2,200 members by 2022.

Under this indicator i.e., Number of women and men with secure tenure documents- “Which has increased from 412 (14 women; 398 men) at baseline in 2018 to 7,164 (2,648 women; 3,516 men) in 2021



Micro Finance

TAHEA's Community Managed Microfinance (CMMF) groups accelerate the social and economic empowerment of women through village savings, loan activities and skills acquisition to resolve social issues affecting women and girls. Over 506 CMMF groups have been formed in Mwanza, consisting of 15,000(9,772 women; 6,248 men) community members which have accumulated loan of TZS 685,650,245 and cumulative total saving of TZS 545,779,780 in the past four years (2018- 2021). TAHEA provides an integrated package of services for CMMF groups; basic business skills, and SPM, share out, audit, vision building, leadership, Personal Advancement & Career Enhancement and life skills curriculum.

CMMF groups have led to social-economic empowerment of women in rural communities, they have facilitated creation of marketing and business networks where beneficiaries are using the saving group platform to market their products both within and out of the group.



YOUTH INCOME GENERATING ACTIVITIES



WOMEN COMMUNITY MANAGED MICROFINANCE ACTIVITIES

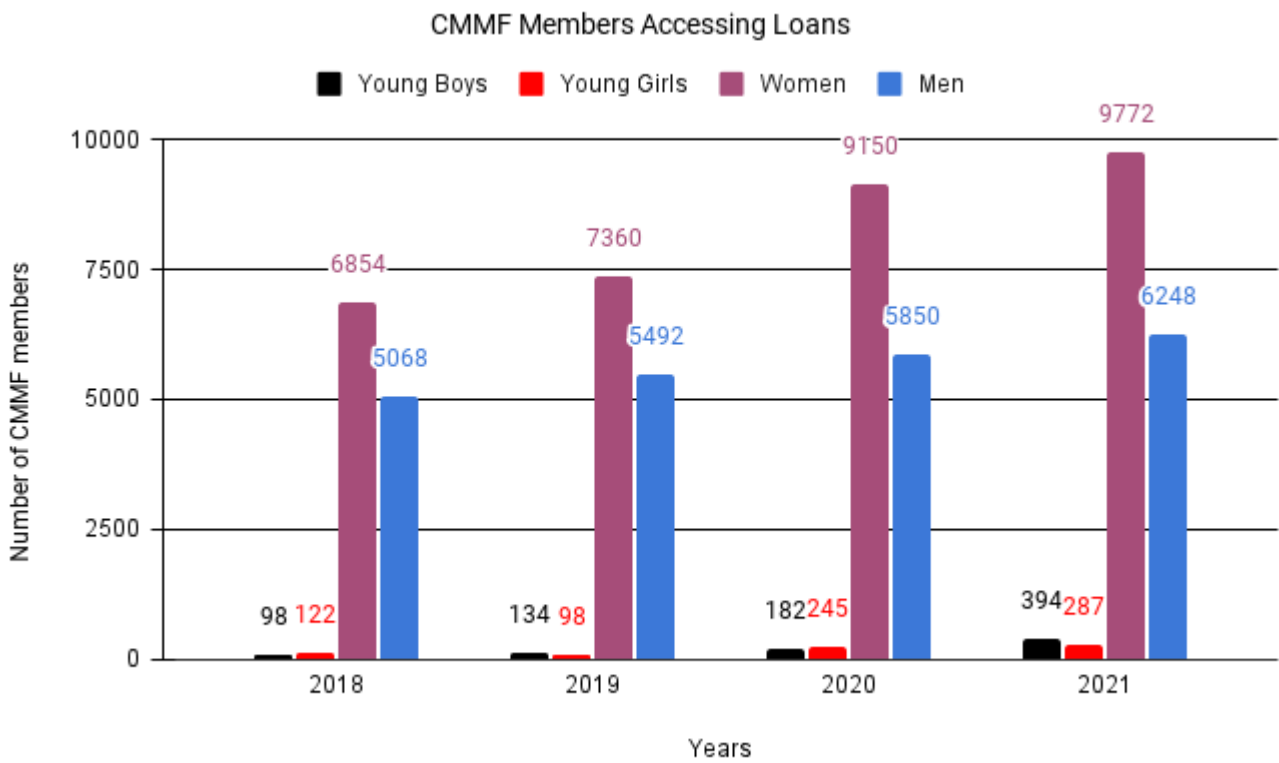
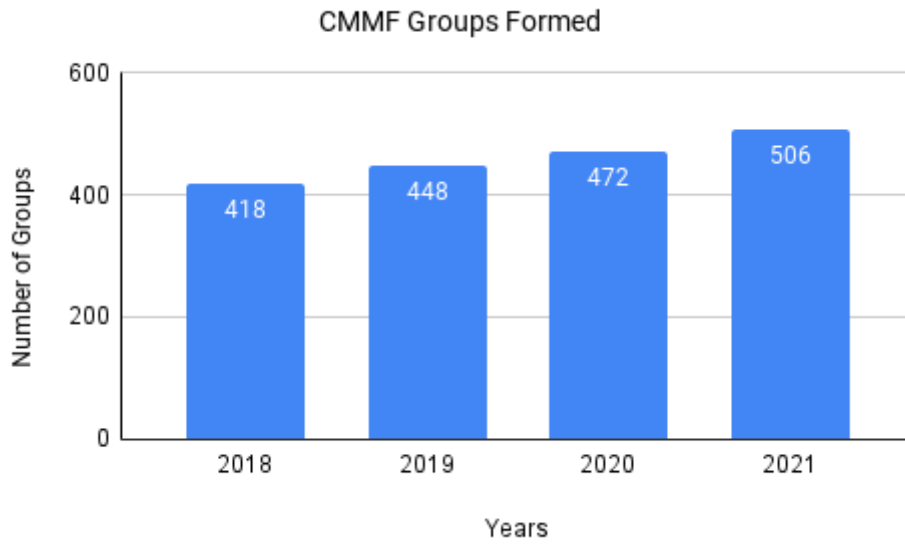
Community Manage Microfinance (CMMF) is TAHEA's proven and evidence-based social and economic empowerment platform that enables women to save money, develop financial literacy, and invest in income-generating activities. In addition to increasing women's access to financial services, CMMF groups also, focus on learning skills and building capacities, self-esteem, increasing access to information and resources, and promoting collective action and community organizing. This combination of economic and social empowerment positions them as leaders and decision-makers in their households and communities.

The programme objective is to improve access to sustainable income to 5000 people from re-sourced poor families by 2021. Under this output, we had three indicators of which including number of women accessing loan, amount of saving toward housing and number of women and young people participating in CMMF/VSLA groups. Access to financial services was enhanced through increased formation of VSLAs/CMMF groups of 418 in 2018 to 506 in 2021.



TAHEA is enabling families to improve their quality of life by establishing Community Managed Microfinance (CMMF) groups that contribute to the social and economic empowerment of women through Community Managed Microfinance activities and discussion of social issues affecting women and girls. A total of 506 CMMF groups have been formed in TAHEA's program areas, consisting of 16,020 (9,772 women; 6,248 men) community members which have accumulated loan of TZS 685,650,245 and cumulative total saving of TZS 545,779,780 to date.

Number of young people participating in community development activities has increased from 220 young people in 2018 to 681 in 2021.



Agriculture

TAHEA Mwanza have been engaged in the promotion of root and tuber crops for food security, health and nutrition at household level, also income generating activities through sweet potato production and vegetable gardening by women and young people.

During the year 2021, TAHEA Mwanza managed to perform the following activities:

i) Signed contract with the Global Alliance for Improved Nutrition (GAIN) of Geneva Switzerland for developing a handbook of best practices in operationalizing fortification of school meals (Tanzania) and documenting learnings for Scale up Nutrition (SUN) pooled fund project. TAHEA completed the development of hand book of best practices in operationalizing fortification of school meals (Tanzania) and documenting learnings for Scale Up Nutrition (SUN) Pooled Fund Project, this was submitted during march 2021 to the Global Alliance for improved nutrition (GAIN)

ii. Women empowerment on sweet potatoes production and especially orange fleshed sweet potato varieties for the purpose of improving household nutrition and increasing their income. A total of 480 women farmers whom were engaged in sweet potato (OFSP) production were reached through cascade trainings during weekly group meetings, trainings were based on best agronomic practices and pests and disease management.

iii. Women and youth's empowerment a total of 240 members (160F:80Youths) were reached through seminars on vegetable gardening skills for the purpose of improving nutrition through increased up take of rich micronutrient vegetables grown at homestead gardens, also increase in income from sales of vegetables.

Strengthening the capacity of women, men and youths on entrepreneurial skills through field trainings where 400 members (240F:60M:100Youths) were trained and now they are able to improve their microbusiness using the skills attained i.e. Selection, Planning and Management (SPM)

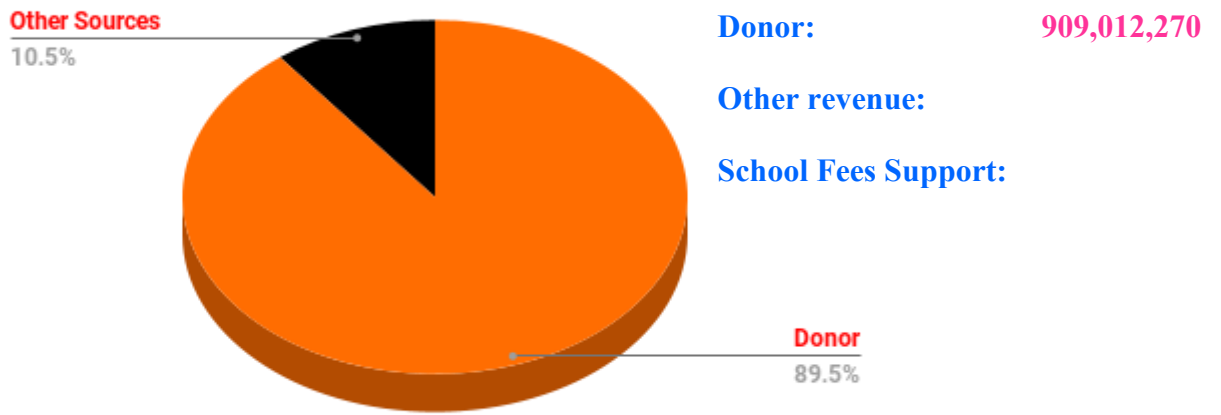
REACHED BENEFICIERIES AND THEIR CARTEGORIES (FROM JANUARY - DECEMBER 2021)

BENEFICIERIES	WOMEN	MEN	YOUTHS	TOTAL REACHED
Direct Beneficiaries	960	60	180	1200
Indirect Beneficiaries	5760	480	540	6780
Total	6720	540	720	7980
Percentage	84.2%	6.8%	9%	100%

All women, men and youths are involved in sweet potato and vegetable production and surplus are consumed at household level especially sweet potato but for vegetables rich in micronutrients they consume only 30% and 70% for sale.

INCOME AND EXPENDITURE

A. Income



B. Expenditure



Partnerships, Collaborations and Networking



Partnership working refers to a broad range of actions and can easily be defined as two or more groups coming together to achieve a common purpose.

Networking is the most informal level of **partnership** working and involves exchanging information for mutual benefit.

Collaboration is to get work done efficiently, whereas social **networking** focuses on making connections, not necessarily in the context of an immediate project. In the offline world, two people sitting together and working together intensively on a common problem.



CALL FOR SUPPORT

“SYSTEMIC CHANGE FOR SUSTAINABILITY - INVEST IN FAMILIES AND COMMUNITIES”

In recent years there has been increasing recognition of the role and effectiveness of Community Based Organizations (CBOs) in creating community-level change for children and youth. Many international funders and NGOs are seeking to partner with CBOs to realize sustainable development at grassroots level. There has also been an increase in the recognition of and investments in capacity building for these organizations, however they lack a clear knowledge base with regards to what works, or even around what the CBOs actually want and need, when it comes to building organizational capacity. A recent research conducted by **Firelight Foundation** provides a deeper understanding of, as well as tangible strategies for, how funders and NGOs can effectively partner with CBOs and Communities for grassroots change that lasts over the long-term, the research specifically answers the critical questions and here are the answers:-

- Appreciate that social change takes time.
- Take time to learn and fail.
- Include CBOs in your funding
- Remember that CBOs are different from NGOs.
- Whether you give grants directly to CBOs or through larger grantees, make sure to invest in CBOs capacities and futures.
- Help CBOs and community voices at major conversations i.e. donor or policy dialogues.
- Make sure CBOs retain their qualified and trained staff.
- Make sure CBOs can see and apply for your call for proposals.
- Fund CBOs (not outsiders) to achieve social change.
- Provide CBOs capacity building in response to their identified needs as well as program grants.
- Provide capacity building over long-term mentorship relationships, not one-off workshops.
- Help them (as well as you) to measure and evaluate social change with appreciation for the intermediate outcomes in CBOs trajectory that will also have long-term outcomes for children.
- Support CBOs in groups for shared impact and learning.
- Resource the infrastructure that surrounds CBOs such as networks, local technical providers, local networks and tools.

*“Where are the malnourished children, children with disabilities, children who drop out of school, girl child who is forced into early marriage, boy children who are working to earn an income instead of going to school, abused children, HIV/ AIDS affected children? The answer is, **in Families**. Who is in a better position to support them? The answer is **CBOs** who are well placed to facilitate community driven change, **Invest in Families and Communities for Systemic Change**”* Mary Kabati

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Tanzania Home Economics Association



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